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Dry Needling Now Available to Relieve Pain
Local Clinic Now Offering Pain Management Therapy That is Quick & Painless

(October 10, 2012 – LAFAYETTE, LA) Trigger Point Dry Needling (TDN) a new, non-invasive pain management practice is now available in Lafayette. Healthe Habits for Living Physical Therapist Kerry Hoffpaur specializes in this progressive new treatment which is helping to alleviate pain in tendons, joints, and nerves throughout the body for several of her clients.

As one client explained, “the trigger point dry needling was unbelievable for the pain I was having in my right knee and lower back; the procedure was done within minutes and it didn’t hurt.”

TDN is used to alleviate pain using very thin acupuncture needles. The needles are inserted into the problem area which deactivates the trigger point and relaxes the muscle, allowing it to heal naturally. An added benefit is that the procedure itself is quick and relatively painless.

“It’s nice to see patients get off the table and immediately be able to move better and with less pain” says Hoffpaur.

Healthe Habits for Living specializes in clients who currently suffer from arthritis, degenerative joint disease, back/neck/knee pain, sleep apnea, diabetes, obesity, high blood pressure, high cholesterol, etc. Healthe Habits for Living is also for anyone with a BMI of 30+.

For more information about Healthe Habits for Living, or about this advanced approach to pain relief, visit our website at www.healthehabitsforliving.com or contact us at 261.9188 or by e-mail at admin@healthehabitsforliving.com.

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